



ADJUSTABLE COMFORT MATTRESS

Assembly & Operating Instructions for Pillow Top Style Removable Cover

Note: These photos, which depict the pillow top style mattress cover configuration, are meant to be used in conjunction with the standard *Seafoam*® Adjustable Comfort Mattress Assembly & Operating Instructions.



The primary difference between the standard *Seafoam*® mattress configuration and the pillow top style is that the cover of the pillow top version, while removable, is not configured with the washable, zip-off topper. Additionally, when received, the *Seafoam*® comfort chamber is already installed in the cover.



To set up the *Seafoam*® mattress for use, remove the rolled assembly from its stowage valise. Locate the comfort chamber inflation valve which is attached to the red tag.



Insert the adapter fitting firmly into the valve. Air will be automatically drawn into the *Seafoam*[®] comfort chamber, and it will expand and un-roll.



It should take between 5 - 10 minutes for the comfort chamber to expand to its full dimensions. If the mattress has been stored for an extended time, it may be necessary to use the hand pump to pressurize the comfort chamber to stretch out any remaining foam compression set. In this case, allow 5 minutes under pressure to re-stretch the foam. Then press open the inflate-deflate valve to permit any excess air pressure to be released. Allow the valve to remain open until air no longer releases.



NOTE: Although it is not possible to over pressurize the *Seafoam*[®] comfort chamber with the supplied hand pump, do not attempt to excessively pressurize it with the supplied hand pump or any other means. The effort is simply to re-stretch any foam compression set. Modest pressurization, easily attainable with the supplied hand pump, is sufficient.



When the mattress has expanded fully, opening of the inflate-deflate valve will have no further effect, i.e. no air will either be drawn in or come out. At this stage there may still be a few wrinkles remaining in the top surface of the comfort chamber. The cover should fit snugly over the comfort chamber. Re-zip the top cover piece to the bottom portion of the cover assembly, taking care to not catch the comfort chamber skin in the teeth of the zipper.

Your *Seafoam*[®] mattress is now ready for use !



With the mattress expanded to its full dimensions, the comfort chamber's internal air pressure will be at Opsig. Removal of any air from the comfort chamber, by sitting or lying on the mattress with the inflate-deflate valve opened, will yield, when the valve is subsequently closed, a condition of negative internal pressure in the comfort chamber and a softening of the mattress from its baseline firmness.

This condition of negative internal pressure in the comfort chamber is the result of the continuing desire of the elastic foam to expand back to its original dimensions, thereby causing a suction effect on the outer skin of the comfort chamber. In turn, this results in the automatic drawing in of air through the inflate-deflate valve when the valve is subsequently re-opened. It is this internal suction effect that gives the *Seafoam*[®] mattress its unique, extremely comfortable feel as a sleep surface, providing for full support of the body along each individual's contour, without hard spots that can disturb a good night's sleep.

On the other hand, if the mattress has expanded to its full dimensions and then has further air added to the comfort chamber by the supplied hand pump, the result will be one of positive internal pressure for increased firmness.

The answer to the question of what is a comfortable sleep surface is very much a personal opinion. In short, some people prefer a firm mattress, and others like theirs less firm. The benefit of sleeping on a *Seafoam*[®] adjustable comfort mattress is that either preference, as well as everything in between, is available in each mattress.



Most people using a *Seafoam*[®] mattress find that their preferred firmness comes from letting air out of the comfort chamber. To accomplish this, lie on the mattress in a normal sleep position. With your hand over the edge of the mattress, place your index finger on the center button of the inflate-deflate valve. Press in on the valve to open it and release air out of the comfort chamber. Continue to release air until the mattress reaches your preferred firmness.



Some users may find that they prefer a softness greater than that which can be attained by their body weight alone forcing air out of the comfort chamber. In that case, either bend the mattress with the inflate-deflate valve open until additional air is expelled, or have another person sit on the mattress with you to help remove the additional air.

If you wish to increase the mattress's firmness, get up off the mattress and press inward on the inflate-deflate valve. Allow the suction effect of the compressed foam to automatically draw air back in to the comfort chamber until the desired firmness is reached.

When a user prefers a sleep surface somewhat firmer than that provided by the comfort chamber expanded to its full dimensions, use the provided hand pump to increase the comfort chamber's internal air pressure to a (+) psig condition until the desired firmness is reached. It usually works best to inflate the *Seafoam*[®] comfort chamber slightly harder than desired, and then lie down on the mattress to release air as described above until the desired firmness is attained.

However, if the user finds that they prefer their sleep surface firmness to be well above the baseline firmness of the standard *Seafoam*[®] mattress, rather than overly pressurizing their comfort chamber, it is recommended that they try using an extra-firm *Seafoam*[®] comfort chamber. The extra-firm comfort chamber is fully interchangeable with one of standard firmness.

For compact storage of the *Seafoam*[®] mattress, the comfort chamber may be deflated and packed, either separately or together with the cover assembly, in the protective storage valise.

You may use the hose of a standard home vacuum cleaner to aid in the deflation of the comfort chamber. With the green adapter fitting inserted in the inflate-deflate valve, place the suction hose over the outlet and let the vacuum cleaner suck the air out of the comfort chamber. Remove the green fitting from the valve to prevent any air from being drawn back in to the comfort chamber.



With some types of vacuum cleaners, it may be possible to attach the *Seafoam*[®] hand pump hose and adapter assembly directly to the vacuum cleaner's suction hose to more easily evacuate the air out of the comfort chamber.

As previously noted, the Holland America specific configuration differs from the standard *Seafoam*[®] Adjustable Comfort MAttress in that the cover assembly, while removable, does not incorporate a zip-off topper. Instead, the comfort chamber may be removed from the cover via the overlapping slot on the bottom of the mattress.



To clean the top cover, deflate the comfort chamber and remove it from the cover. Clean the top cover by the method described on the attached flap. The comfort chamber may be cleaned using soap and warm water or other common household disinfectant. Fully rinse any soaps or cleansers off the comfort chamber with fresh water and dry completely before storing or re-inserting into the cover

To re-insert the *Seafoam*[®] comfort chamber back into the cover, place the fully deflated chamber along side the cover so that the inflation valve will align with one of the access slots on the side of the cover. Choose the appropriate access slot on the basis of which side of the inflated mattress will allow the inflation valve to be easily accessible when the mattress is later occupied.

Insert the *Seafoam*[®] comfort chamber into the cover via the overlapping slot on the bottom of the cover as shown.



When inserting the comfort chamber into the cover, the inflation valve should be aligned with the access slot on the appropriate side of the cover (determined by which edge of the mattress will face away from the wall). Thread the red tag through the slot. When the comfort chamber has been fully inserted into the cover, insert the adapter hose assembly into the inflation valve and allow the chamber to self inflate via the previously described procedures.



The *Seafoam*[®] mattress may be deflated and packed in its valise for compact stwoage. To do this, start with the comfort chamber fully inflated in the cover. Evacuate the air from the comfort chamber by attaching a vacuum source to the adapter hose assembly and inserting the adapter into the inflation/deflation valve.



With the mattress bottom facing up and starting at the end of the mattress farthest from the side access slots, roll the mattress with the quilted side of the cover on the outside of the roll as the air is being removed from the comfort chamber. When the *Seafoam*[®] mattress assembly is fully deflated and rolled tightly, it maybe placed back in its valise for compact storage.





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